

# Chatter Pack

All about me worksheet

Free resource

# All About Me



My name is .....

I like to be called .....

The important people and/or animals in my life are .....

.....

These are a few of the things that I like about me,  
my school, family, people, activities, daily life...

.....

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.....

Some things that I don't like about me, my school,  
family, people, activities, daily life are...

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## At home...

Some things that I am good at are...

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Sometimes I find these things difficult...

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Some things that I would like to be better at are...

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## At School...

Some things that I am good at are:

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Sometimes I find these things difficult...

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**Some things that I would like to be better at are...**

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**My worries about everyday life now, in the future, things that have happened in the past are...**

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**The things or people which make me feel safe, calm, happy, relaxed, good are...**

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Free ChatterPack resource, downloadable at [Chatterpack.net](http://Chatterpack.net)  
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