

The Keys Newsletter

4th April 2025

Dear Parent / Carer,

What a fantastic Spring Term 2025 it has been! We began with our Ofsted Inspection, which proved to be somewhat successful, setting a confident tone for the term ahead. Since then, we've enjoyed a host of exciting events, including multiple school sports tournaments, educational visits, Year 6's participation in Young Voices, Book Week, and fantastic PTA events such as the Disco and the Mother's Day Shop. We also held parents' evening, the Rock Steady concert, and some truly memorable experiences, where pupils had the chance to get up close with starfish, crabs, owls, and even tarantulas!

As we look ahead to the summer term, please remember that Year 5 pupils will be permitted to walk to and from school independently. Additionally, our summer uniform policy will be in place for all pupils.

If you haven't already, please ensure you log in to the new School Grid system, which will be used for selecting and paying for school meals from next term. Previous emails contain helpful links to guide you through the process.

Well done to our Rock Steady bands this week, they were sensational and we can't wait to see what they can do by the end of the school year.

We look forward to welcoming everyone back on Wednesday, 23rd April, when Years 1 to 6 will begin the term with a morning church service at St. Peter's. Have a lovely Easter break

Have a lovely weekend,

Mr Robinson Headteacher

Awards week beginning 31st March 2025



This week's Courage certificate is for Reading:

Billie – Year 1 Alan – Year 2 Millie – Year 3 Jackson– Year 5



GROWTH MINDSET

Sonny – Reception
Zac – Year 1
Zain – Year 2
Ella – Year 3
Harrison – Year 4
Ava– Year 5
Sophie Ec – Year 6

VALUES

Aaron – Forgiveness – Year 2 Micah - Hope - Year 5 Seth – Love - Year 6

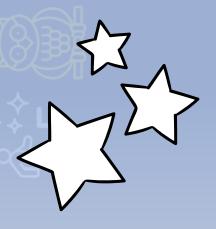


STAR OF THE WEEK

Anna – Reception
Pippa – Year 1
Greyson – Year 2
Mazie – Year 3
Elsie – Year 4
Iona– Year 5
Sophie Ed – Year 6

ÉTOILE DE LA SEMAINE





Ogden Trust

School Partnership



This year, we are on the hunt for some budding physicists and engineers.

We would like you to create a self-propelled, moving vehicle. Get creative with how and what you use to make it move. See how far it travels and if you can improve the distance.

The deadline for entries is Friday 25th April. Bring your entries into class and send any photos/videos to david.badley@sthelens.org.uk.

Winners will receive Amazon vouchers, sponsored by the Ogden Trust, and the chance to represent our school within the Ogden Trust Partnership.

Good luck!

CHANGES TO SCHOOL DINNERS

The way our school dinners are ordered and paid for is changing on Thursday 24th April 2025.

SchoolGrid is a new system that allows parents to pre-order school meals directly at home or on the go from the touch of a button. This system allows flexibility so you can choose a meal on certain days (A potential life saver for those forgotten Packed Lunches). You will be able to see menus and recipes, and provide feedback directly to catering teams, plus much more.

Look out for communication directly from SchoolGrid over the next few days of how to access your own login with support along the way.

Accounts are required for all those whose children have a school meal each day, including Universal Infant Free School Meals and those in receipt of Free School Meals. There is also the functionality to order ad hoc meals once a week or even once a term, so it is worthwhile registering when you receive the email.

Any dietary requirements information currently held by the catering team will not be transferred to the new system. Please complete this link as soon as possible <u>St Helens Catering Service - School Lunch Special Dietary Request</u>.

School dinners on the first day back, Wednesday 23rd April, will remain as per the current dinner register.

DATES FOR YOUR DIARY

EVENT	DATE
First Day of Summer Term	Wednesday 23 rd April
School Grid Goes Live	Thursday 24 th April
Donate Clothes 4 Sammy Bag Collection	Tuesday 29 th April
SATS Week	Week Commencing Monday 12th May
Road Safety – all classes except Years 5 & 6	Monday 19 th May
Y4 – Geography Trip to Chester Zoo	Tuesday 20 th May
Class Photos	Friday 23 rd May
Last Day of Half Term	Friday 23 rd May





THE RAINBOW TEAM



The Rainbow Team

Safeguarding Nurture Wellbeing Behaviour

When the rainbow appears in the clouds, I will see it and remember the everlasting covenant between me and all living beings on Earth.

Genesis 9:16



Mrs Colley: RainbowTeam Lead

Mrs Colley: Senior Mental Health Lead

Behaviour Lead

Designated Safeguarding Lead

Mrs Vinuard: SENCO

Mrs Harrison: EYFS / KS1 Deputy Safeguarding Lead

Mrs Davidson: Pastoral / Nurture

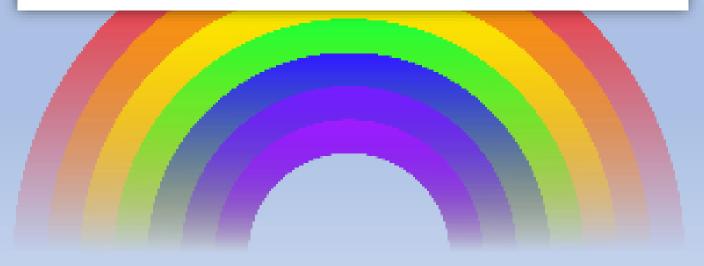
Our Early Help approach

If you feel your child could benefit from some pastoral support, do not hesitate to contact us.

Our Senior Mental Health Lead ensures that all our pupils who require pastoral care for issues such as bereavement, friendship issues, home issues and anxiety, receive time each week with our pastoral staff who offer over 8 hours of individual and small group sessions.

If you feel that your child could benefit from this offer, please contact Mrs Colley.

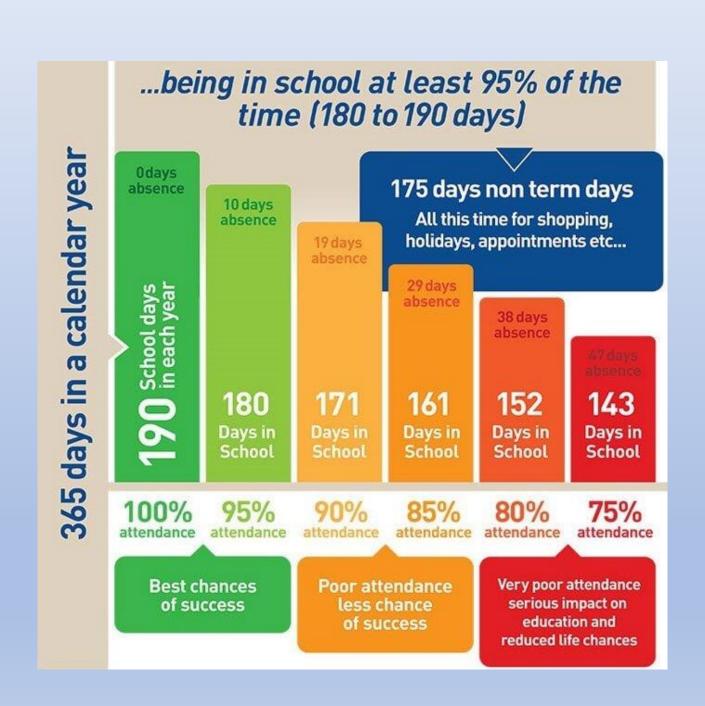
The team has regular meeting to discuss and measure the progress of pupils who fall into specific categories, including attendance, wellbeing issues, SEN, behavioural issues and safeguarding.



Attendance

Whole School Target: 98%

Current Average Whole School Attendance: 97.2%



OFFICE NEWS



UNIFORM

Uniform can be ordered direct from Touchline UK Liverpool Rd, Warrington, WA5 1AE, 01925 413777

sales@touchline-embroidery.com

We also have a small number of items on the School Money site under SHOP which you can pay for then contact school to arrange for them to be sent home with your child.

ABSENCE

When reporting on the absence line, can we politely request that you leave a brief description of your child's illness rather than just saying they are unwell. If your child has vomiting or diarrhoea please note that they should not return to school for a period of 48 hours after the last incident. This is a local authority policy

Applications for Holiday Leave must be submitted to school at **least 4 week**s in advance. Forms can be found on the school website or requested from the school office. In accordance with Government and Local Authority policy, holidays taken during term time will only be authorised in **exceptional circumstances**.

CHANGES

It is very important that if you change contact numbers, emails or addresses that you advise us as soon as possible. Any changes must be sent into school via email.

Thank you

Contact Details

St Peter's C.E. Primary School Birley Street Newton-le-Willows WA12 9UR 01744 678630

stpeter@sthelens.org.uk

https://twitter.com/NLWStPeters www.st-peters.st-helens.sch.uk



SUPPORTING CHILDREN'S **# MENTAL HEALTH**

10 Conversation Starters for Parents

Talking about mental health to children is sometimes hard. To the point that we can put off raising the subject, not wanting to unearth problems or raise overwhelming subjects that we perceive our child is too young or not ready for. But rather than keeping children in the dark, this guide is designed to help you confidently talk about mental health, so they feel comfortable talking about their own wornes and end any stigma before it begins.



#WakeUpWednesday



This sounds obvious, but it is not something we are always great at. Active list oring is where well stan without interrupting or making judgements and shows interest in what is being said. If your child feels listened to in the 'smallest of problems' they will become confident that you will listen when the 'biggest of problems' arise.

2 ASKTWICE

The campaign from time to change is great.

Intips://www.time-to-change.org.uk/support-ask-twice-campaign.

Beteraclous about your child's wellbeing. Children instinctively know when your questions and support come from a place of wanting to help and care.



Are you sure?

6 TALK ABOUT MENTAL HEALTH NATURALLY

Speak about mental health as part of everyday life, so that talking about our feelings and those of others is normalised. If the usual 'are you ok?' is not creating an opportunity for dialogue then say something like 1 know when something like that has happened to me I felt like this... Is that how you are feeling or are you feeling something else?'

7 EMPATHISE

"It makes sense that you would feel this way, it is understandable. Children often worry about things that we, as adults, might see as trivial or silly. However, for them at their age and stage it is a big concern and they need our kindness and care when they show their vulnerability and share their worries.

HELP YOUR CHILD FEEL SAFE

THERE IS NO SUCH THING AS A STUPID QUESTION

This advice also relates to the first point, if your child can ask you any questions about the small est of things and you listen and answer without shaming or belittling, then they will have more confidence to ask the biggest of questions.



BE OPEN AND HONEST

Children approach honesty, particularly if you are having to share information or talk about a difficult subject. For example, you may be talking about death or loss: It's very sad that Nanahas died'. How you talk about a subject will differ depending on their age and developmental maturity. Talking about death to a younger child for example will be different to that of an older teen, as their experience and understanding of death is different

KNOW WHEN TO SEEK HELP

Assess the severity of the mental health difficulty you are noticing. Is the difficulty making it had for your child to function regularly throughout everyday life? How frequently is your child affected, how long does it last and how persistent is H2 Are they having problems controlling the difficulty? Talk to your child about your concerns and that it is likely they will need further support beyond family and friends.

MIND YOUR LANGUAGE

Be mindful of the language you use at home to describe and talk about mental health. Stigma often arises from misconceptions and a choice of language which is harmful. Using the word mental, man-up or other such words in a derogatory way won't encourage your child to talk about their mental health for fear of being belittled.



IT IS OK TO SAY 'IDON'T KNOW WHAT TO DO NEXT'

Teens particularly feel that by talking about their womes or concerns that this will make things werse. Reassure your child thetyou will discuss a plan of actic together and what may or may not need to happen next. If they are a younger child, it is likely you will need to lead the conversation and explain next steps.

Adults do not have all the answers but often children think they do. It is ok to acknowledge that what your child is experiencing is not something you have come across before or know anything about, but that you will work it out together and seak help together.



Meet our expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the currioulum, school culture and systems. She is also a member of the advisory group for the Department of Education, advising them on their mental health green paper.



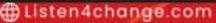
Sources of Information and Support

Your GP

Young Minds https://youngminds.org.uk/v https://www.nhs.uk/conditions/stress-anxiety-depression/ https://www.actionforchilden.org.uk/news-and-blogs/parenting-tips/2016/nevember/ a-simple-guide-to-active-listering-for-parents/ https://www.themix.org.uk/mental-bealth







Wonderland Community

Centre





Drop in to chat with other parent carers in a relaxed setting, tell us what is working well and what isn't working so well with health, education and social care services and to help improve them.

Free Parking Available

Reflection Court, Canal Street. St Helens WAIO 3JQ Friday's 10am 12pm 4th April 9th May 6th June 11th July







Listen4change.com

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Free Parking Available

Reflection Court. Canal Street. St Helens WAIO 3IO Tuesday's 6.30pm-8pm 22nd April 20th May 24th June



Facebook: St-Peters Pta Instagram: stpeters_pta_nlw

Please send us a request to keep up to date with news/events/reminders!