

# Primary PE Planning Overview

## Intent

Our key aim is to inspire **EVERY** child to be passionate about Physical Education and Sport. We believe that Physical Education and sport is for everyone! We aim to give **ALL** children a love for PE, Sport, physical activity and a healthy lifestyle that continues throughout their lives.  
**Inspire. Develop. Challenge.**

### Benefits of using PPP for our school:

- Use of PPP allows for a **consistent** delivery and structure across the school.
- Staff feel supported and as a result, more **confident** and **competent** to teach PE
- The planning has been developed so that **progression** is built into the scheme (an exciting learning journey from Early Years through to KS2).
- It ensures our children are increasingly **challenged, inspired** and **motivated** in **ALL** PE lessons.
- We believe that mastery is paramount, allowing **ALL** children to feel **confident and motor competent** when learning key skills.
- It ensures that our children receive an **inclusive**, broad and balanced programme of PE.
- The curriculum is mapped to ensure that children participate in a wide range of activities.
- The PPP curriculum provides a foundation from Early Years to Key 2 for an ongoing development of Physical Literacy

## Implementation

### PPP Lesson Plans (short term planning):

- Children are given clear learning goals and expectations. All lesson plans have Learning Intentions with the steps to success.
- The lessons are clear for teachers to follow.
- The lessons ensure that **ALL** children are catered for, including the less able and most able – this is clearly highlighted for teachers within the planning.
- Many lessons include accompanying videos which **model powerful demonstrations** and through these the children develop a picture of what success looks like and can focus on it.
- Lesson plans provide children with the opportunity to develop their skills, build on prior knowledge & understanding and to challenge all abilities.
- The lessons allow for feedback and self/peer assessment through our progress-o-meters.

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- The children are also able to develop cognitive skills such as, decision making and analysis of performance.
- The lesson plans allow for **mastery** of key skills.

## Overview of each unit (Long term Planning):

- With every unit of work, we have... **A Scheme of Work, Progression of key skills documents, knowledge organisers, Key Vocabulary and Inclusion.**
- The **Scheme of work** gives an overview of the learning intentions, key skills, attainments, cross-curricular links and health and safety.
- The **Progression of key skills** give an overview of each unit and how the skills progress from Early Years through to KS2. These are also colour coded so you can follow the development of the skills through the year groups.
- The **Knowledge organisers** provide an overview of prior learning and highlight key vocabulary, terminology, rules and skills. These are intended for the use of teachers, parents and the children.
- **Progression of Key Vocabulary** this shows the progression from Early Years to KS2
- **Inclusion** – We are providing visual support cards for every lesson which can support children with a wide range of needs.

## Assessment and Recording

Assessment is embedded into every lesson, this is facilitated by the Progress-o-meters, which allow for pupils to assess their own and others' progress in the lesson. These assessments help the pupils focus on what they can do and how they can improve.

The Progress-o-meters also enable teachers to assess the pupils' progress in each lesson. Pupils can be recorded as the following:

- Working towards
- At expected
- Above expected
- Most able

The above is also linked to the 'steps to success' developed as a Teaching and Learning scaffold and incorporated within every lesson framework.

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## Curriculum Mapping Tool (Long Term Planning)

We also use the PPP curriculum mapping tool, which allows us to have flexibility and creativity over our curriculum.

### Leadership:

PPP provides an opportunity for leadership throughout all units e.g., Children acting as Mini Coaches, enabling them to take on and develop leadership roles. PPP also provides leadership certification to encourage children to take on an active leadership role at lunchtimes <https://primarypeplanning.com/pe-folder/play-leaders/>

### Inclusion:

On the website we have the option to use the **INCLUSION** resources:  
<https://primarypeplanning.com/lesson-planning-resources/inclusion/>

**Sensory Skills-** Videos and activities. This programme uses specific physical activities that stimulate and exercise the brain to enhance sensory output, **focus, attention** and help improve our **cerebellar function output**.

**Sensory Circuits-** The Sensory Circuit provides a sequence of activities done in order to provide the child/children with the right type of sensory input in order to calm and organise them for the day ahead, ready for daily activities. The main aim is to focus their concentration in readiness for the day.

**Autism and PE** (training and resources) – Online training and downloadable resources that provide teachers in PE with the knowledge and tools to better support children with ASC (Autism spectrum Condition)

We aim to have all lessons with **INCLUSIVE** visual support cards, this can be used for children with ASC, children who are EAL and any other way you feel it will support your children. Please see the example in our football unit, just click on the **INCLUSION LINK**:

<https://primarypeplanning.com/lesson-planning-resources/key-stage-1/football-fundamentals-ks1-y1-2-2/>

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## Competition

PPP offers a National/International Competition, in which we can enter **ALL** children in our school. (There are also adapted activities for children with SEND).

<https://primarypeplanning.com/ppp-interschool-competition/>

## Holistic Approach

PPP includes holistic units that we can use, including;

- Jungle Yoga
- Yoga Facts
- Yoga Time
- Mini Muay Thai
- Self Defence

These units have been created to support children in building and developing levels of self-confidence and self-esteem. The yoga lessons also help support the children through encouraging relaxation, breathing techniques and mental calmness, while providing exercise for the body to develop core strength and key skills.

## Cross Curricular Links:

PPP further enhances and supports other subjects in the following ways:

- Literacy is a focus in all lesson plans.
- Key vocabulary and subject specific vocabulary are a focus of the **Knowledge Organisers** across the range of activities.
- There is a real drive toward cross curricular challenge and cementing of key knowledge. For example, the use of mathematical concepts in lessons (e.g., counting, measuring, recording, timing), geographical references in OAA schemes, scientific cross references and revision of key topics through dance, historical revision and reference through themed dance practise and performance.
- **Values** are also expressed and developed within the **knowledge organisers**. These link successfully with subjects including PSHE and citizenship. These can be communicated and shared with parents/carers in order to allow them to better understand the curriculum content being delivered.

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## CPD

Support to staff members through PPP resources includes:

- Online platform/CPD/resources/video support/ongoing support.
- Videos- Help with CPD support, ensuring teachers are confident to teach key skills and activities
- Bespoke training available from PPP- Autism and PE
- Zoom support for subject areas.
- Ongoing support/training for PE lead from PPP with reference to website development.
- Ongoing support to members of staff from PE lead, cascading training down from PPP staff

## IMPACT

Effective use of PPP resources ensures the following:

- **Impact-** All pupils receive a **high-quality** experience of PE. All staff can feel confident that they are delivering HQ PE
- **Impact-** Staff confidence of delivery through competence and improved knowledge of resources/subject area to be delivered.
- **Impact-** Consistency in delivery across the key stages. All staff use the same framework for lesson delivery and assessment.

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