



Smile and say 'thank you' to someone.

twinkl.com



Help someone with something.

twinkl.com



Play a game with someone who is bored.

twinkl.com



Tell someone why you love them.

twinkl.com



Show someone you appreciate them.

twinkl.com



Pick something up for someone else.

twinkl.com



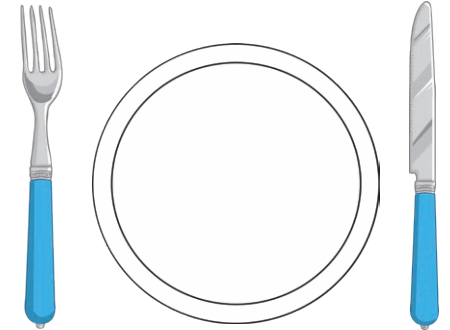
Tidy someone else's things for them.

twinkl.com



Share your toys with someone.

twinkl.com



Help get the table ready for dinner.

twinkl.com



Give someone a compliment.

twinkl.com



Wipe down the worktop with a cloth.

twinkl.com



Pick up your clothes and put them in the washing machine.

twinkl.com



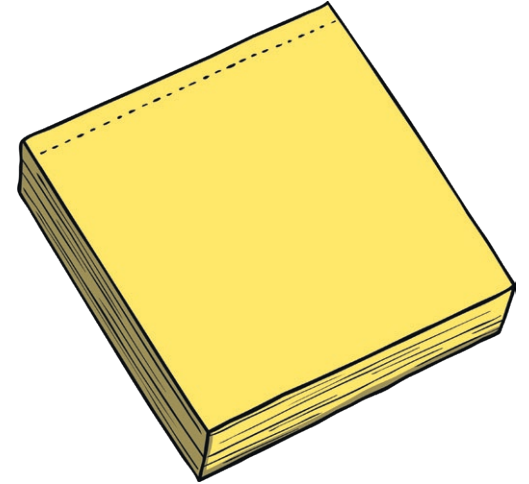
Say 'please' and 'thank you' at all times.

twinkl.com



Hold the door open for someone.

twinkl.com



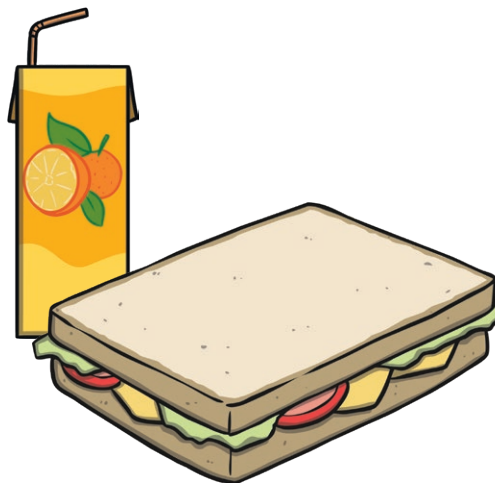
Write a thank-you note to someone.

twinkl.com



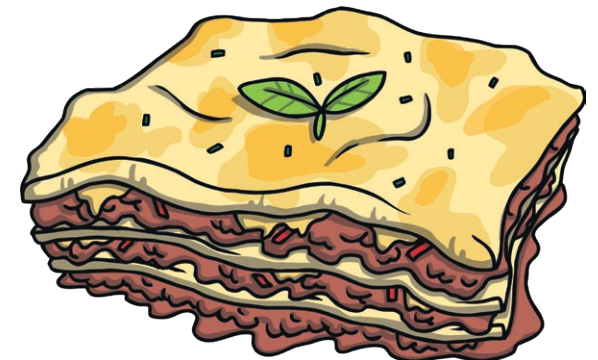
Help out in the garden.

twinkl.com



Help prepare lunch.

twinkl.com



Offer to help an adult make dinner.

twinkl.com



Tidy away toys.

twinkl.com



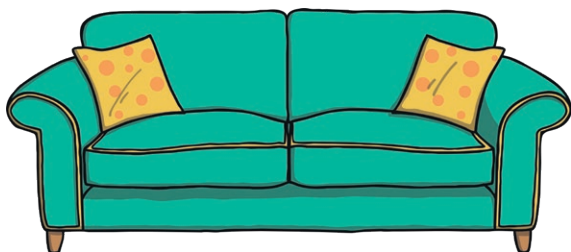
Cheer up someone who is sad.

twinkl.com



Record a video message for someone you know.

twinkl.com



Fluff the cushions on a sofa.

twinkl.com



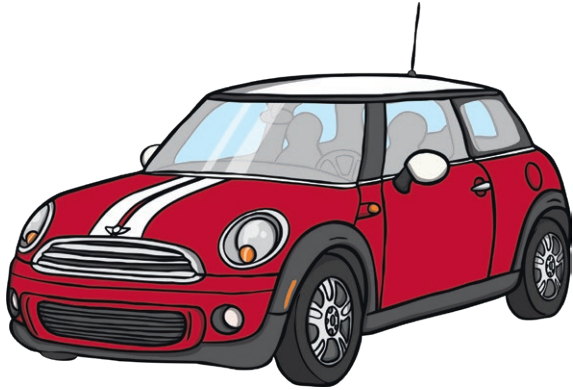
Do something kind.

twinkl.com



Draw a picture for someone.

twinkl.com



Offer to help clean out the car.

twinkl.com



Help an adult out by folding some clothes.

twinkl.com



Take a moment to think about someone in need.

twinkl.com



Spend time chatting to someone.

twinkl.com



Share a story.

twinkl.com



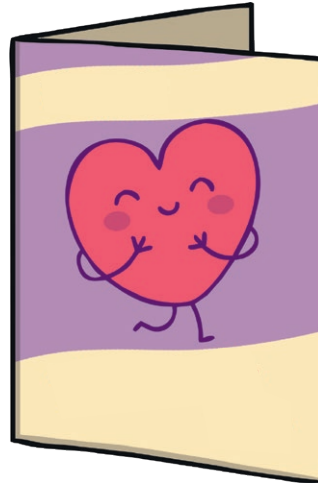
Say 'thank you' to someone who helps you.

twinkl.com



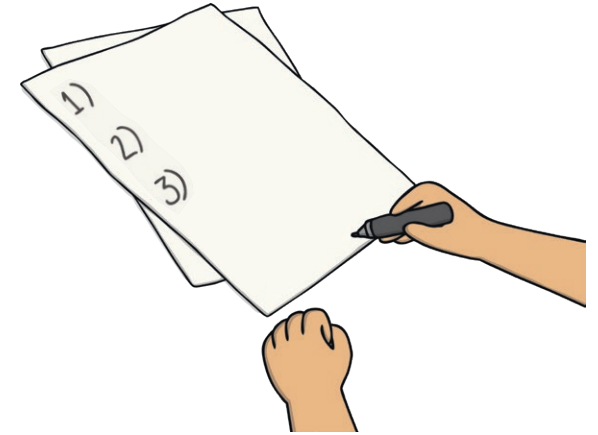
Show someone you are listening by looking at them.

twinkl.com



Make a card for someone.

twinkl.com



Write a list of things you like about another person.

twinkl.com



Offer a hug to someone.

twinkl.com



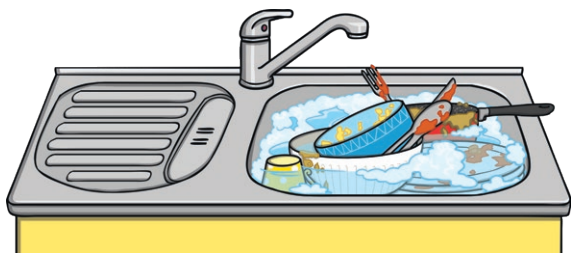
Make someone a drink.

twinkl.com



Use kind words.

twinkl.com



Help with the washing-up.

[twinkl.com](https://www.twinkl.com)



Offer help to someone
who needs it.

[twinkl.com](https://www.twinkl.com)



Tell someone a joke to make
them laugh.

[twinkl.com](https://www.twinkl.com)