

'The child grew and became strong in body, mind and spirit'



### Growth Mindset

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Think for a moment.

▶ What does it mean to you?

### It's not, "I can't!"

- It's, "I can't YET, but I'll try!"
- Using a little something called perseverance.

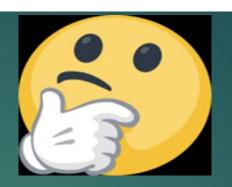
# What do you think perseverance means?

Not giving up when things get difficult.

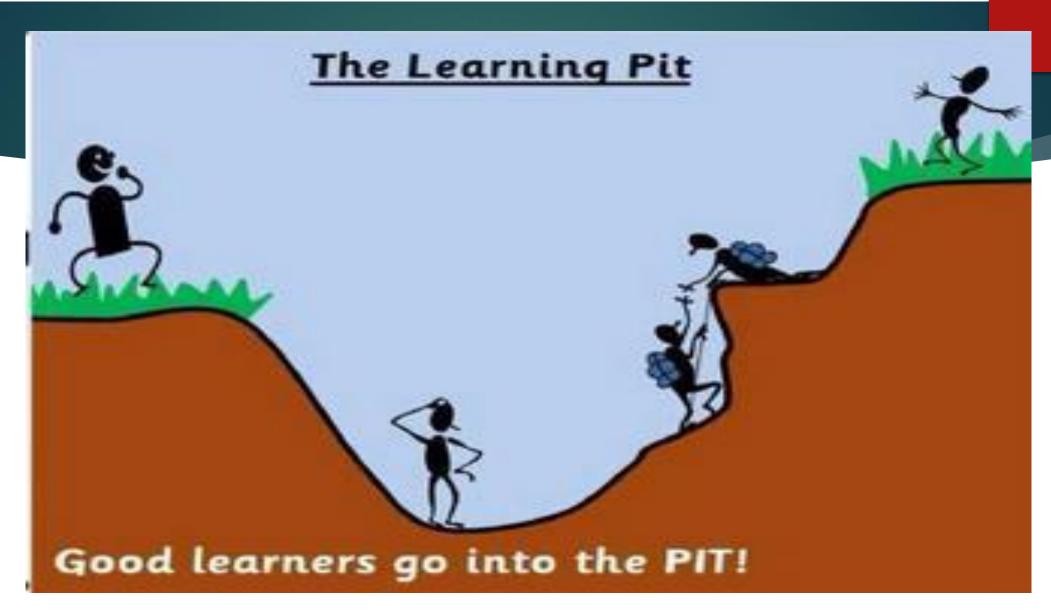




# Learning



- ► Have you been in a lesson that you found hard to understand?
- ► How did you feel?
- ▶ Did you want to give up?
- ▶ Did you switch off or did you try harder?
- ► Did you think, "I can't do it yet but I will!"?



You've got to get in, to get out!

#### What Kind of Mindset Do You Have?



I can learn anything I want to.
When I'm frustrated, I persevere.
I want to challenge myself.
When I fail, I learn.
Tell me I try hard.
If you succeed, I'm inspired.
My effort and attitude determine everything.



I'm either good at it, or I'm not. When I'm frustrated, I give up. I don't like to be challenged. When I fail, I'm no good. Tell me I'm smart. If you succeed, I feel threatened. My abilities determine everything.



WHICH STEP HAVE YOU REACHED TO DAY ?